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The demolition of the Sir John Carling Building contaminated the soil on the site of the new Ottawa hospital.
THE CANADIAN PRESS



Taking another look at sex-assault cases

INVESTIGATIONS

Police considering the 'Philadelphia model' to allow outside agencies in



Ryan Tumilty
Metro | Ottawa

Ottawa police are taking another look at implementing a method of reviewing sexual assault cases which advocates say is better for victims.

Originally implemented in Philadelphia in the early 2000s after a scandal over the local police force's handling of sexual assault complaints, the widely praised method, known as the "Philadelphia model," consists of allowing outside agencies and advocates to review case files and recommend alternative approaches to investigators.

Ottawa police rejected a proposal to implement a similar model in December 2015. Insp. Joan McKenna told Metro at the time that the department had serious concerns about privacy.

"We have a duty to protect that information," said McKenna. "The reason we collected this information is to do a criminal investigation."

But Sunny Marriner, executive director of the Ottawa Rape Crisis Centre, told Metro in an interview on Thursday that police representatives have said in recent community meetings that the department is willing to take a second look at the Philadelphia model.

Marriner said such a system would get to the root of problems with sexual assault investigations.

"We create a lot of responses to try to deal with problems in policing sexual assault cases, but very rarely do we actually do the work of looking to see what is causing the problems," she said.

She said many advocates are suggesting ideas for improving investigations without really understanding the problem.

"We wonder why there is an issue and throw a whole bunch of solutions at the wall to see what sticks. Case review cuts through that you can actually find out the source of the issue."

Ottawa police have in recent years lowered the number of cases officers classify as "unfounded," a designation

that indicates police don't believe a crime occurred.

Marriner said simply lowering unfounded rates isn't enough.

"Unfounded rates are like the canary in the coal mine," she said. "They give us an indication that something may be going wrong."

Marriner said victims now don't feel comfortable coming forward, because they worry their cases won't be handled well. "Survivors tell us that until they see something significant is happening to address what is happening with sexual assault investigations, they have no reason to trust that going forward will lead to any other result than it has for 30 years."

Metro contacted Ottawa police, but they declined to discuss the matter saying it was too early in the process.



Rarely do we actually do the work of looking to see what is causing the problems.

Sunny Marriner

COSTLY CONTAMINATION

At \$11M, opposition says price tag for cleaning up new hospital site is disastrous
metroNEWS

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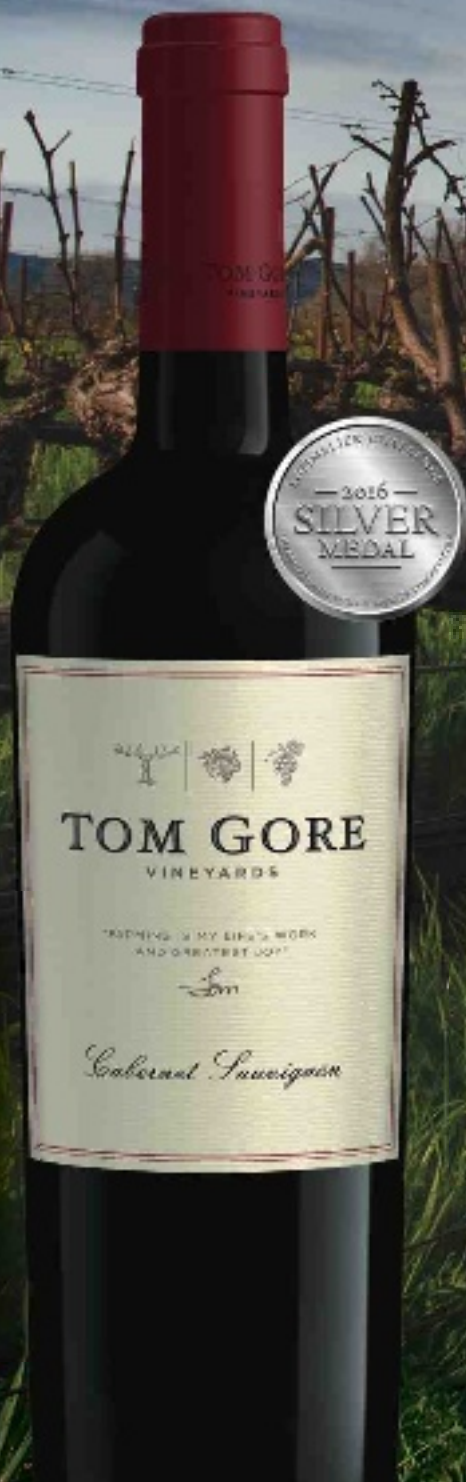
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5

THINGS TO DO IN THE CITY THIS WEEKEND

Looking for some fun activities this weekend? Whether you're into the history of agriculture, are tech-savvy with a knack for hacking, have a need for speed or love vintage clothing, there are plenty of great events to check out. And don't forget to turn those lights off on Saturday during Earth Hour. **HALEY RITCHIE METRO**

1 History Pavilions (all weekend)

2017 festivities kick off at the Moore Farm this weekend. Visit the Ecology and Urban Agriculture Pavilion at 670 Alexandre-Taché Blvd. to learn about the history and modern reality of agriculture and forestry. If you're more interested in the history of people, the Pioneer Pavilion and sugar bush at 670 Cedarview Rd. is also open to the public from 9 a.m. to 4 p.m. this weekend.

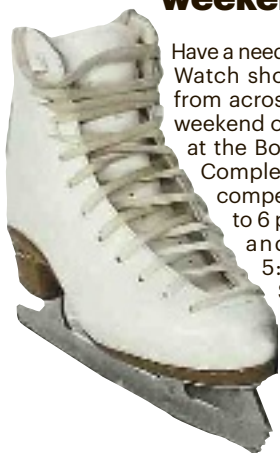


3 Random Hacks of Kindness (all weekend)

Calling volunteer developers and tech-savvy do-gooders: this weekend's Random Hacks of Kindness is looking to bring together technology experts and creative people that can help charities, not-for-profits, and civic organizations. This round of problem-solving kicks off Friday at 6 p.m. at the Adobe office and continues each day until Sunday at 2 p.m. Tickets are \$5.



2 Speed Skating Championships (all weekend)



Have a need for speed this weekend? Watch short-track speed skaters from across Canada compete this weekend on Saturday and Sunday at the Bob MacQuarrie Sports Complex. Athletes will be competing from 9 a.m. to 6 p.m. on Saturday and 9 a.m. to 5:30 p.m. on Sunday.



4 Earth Hour (Saturday)

To call attention to climate change, the World Wildlife Fund is asking people across the country to turn off the lights and not use electricity from 8:30 p.m. to 9:30 p.m. on Saturday. Light a few candles and have a romantic conversation about doing more to protect the earth this year.

5 Ottawa Vintage Clothing Show (Sunday)

The Ottawa Vintage Clothing Show is moving to the Fieldhouse at Carleton University this year. Vendors selling everything from designer handbags to vintage pearls will be setting up shop on Sunday from 10 a.m. to 5 p.m. Admission is \$10.



THEATRE

Curtain falls for Magnetic North



Haley Ritchie
Metro | Ottawa

The curtains are coming down on Magnetic North, a national touring theatre festival that has been bringing performers to stages in Ottawa and across the country for 13 years.

This year the festival was scheduled for June 2017 in various arts venues in Ottawa, including the National Arts Centre, la Nouvelle Scène and Ottawa Arts Court. The seven productions planned for the summer have been cancelled.

"The Board profoundly regrets this decision and its impact on staff, artists, our funders and partners and theatre professionals," said chair Mike Hawkes in an on-line statement.

Hawkes' statement cites difficult finances as the reason for the decision.

Hawkes said in the past five years the organization has managed to cut its \$460,000 deficit in half, but the remaining sum was still too much for the event to continue.

Since it was launched in 2003 the festival has taken place in Ottawa every two years. It also visited Edmonton, St. John's, Vancouver, Kitchener-Waterloo, Calgary, Halifax and Whitehorse.

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RIDESHARING

Uber: New tax rules counterproductive

Uber says the government is punishing rideshare users and undermining innovation.

The Liberal government's budget, released on Wednesday, proposes legislation that would require companies like Uber to charge GST.

Taxi operators are already required to charge GST.

In a statement, the Uber said the change adversely affects users.

"This is not a tax on Uber and we continue to pay all applicable taxes on our services, as well as significant licensing fees to cities. This new tax impacts riders and drivers,"

they wrote in a prepared statement.

"To be clear, taxing ridesharing does not help taxi compete on pricing since Uber would remain a significantly more affordable option."

Uber said the new GST rules belie the budget's emphasis on funding innovation.

"This tax makes it harder for ridesharing

This tax makes it harder for ridesharing to be price competitive with personal car ownership.

Uber statement

to be price competitive with personal car ownership — it is deterring innovation and the possibilities that come with more shared rides that can make cities less congested and polluted." RYAN TUMILTY/METRO

TRANSPORT

Rail contractor fails to release safety stats

The city's LRT contractor has declined to release specific worker safety statistics that it initially said it could provide in the wake of concerns about safety on the project.

Following an accident this past weekend, Rideau Transit Group and City of Ottawa staff both touted the project's safety record, noting that over the life of the long project there had been very few incidents.

"There have been almost five million hours of work on this project. It's a massive complex project," said John Manconi OC Transpo's general manager. "To date there have been 11 minor injuries."

The number does not include the incident this past weekend, which has not yet been classified.

Manconi said injuries added up to a lost-time percentage of 0.32 per cent, a third of the industry average.

The five million hours the city cites, however, encompasses the entire Confederation line project, dating back to 2013, including the widening of Highway 417, the Albert Scott bus detour work and the construction of the Belfast Train yard.

Metro asked for a breakdown of lost time related only to the LRT line and tunnel. Kathryn Keyes, director of communications for the Rideau Transit Group, initially said that would be possible, but declined to release data on Thursday, citing too many request for information.

RYAN TUMILTY/METRO



ECONOMY ANOTHER ELGIN STREET BUSINESS EATS IT: Prince Gourmet's Elgin Street location is now closed and boarded up with brown paper. The Toronto-based landlord, Caribou Urban Properties Inc., terminated the business's lease after it failed to make rent payments. HALEY RITCHIE/METRO

Hospital site cleanup tab comes in at \$11M

CONSTRUCTION

Demolition of old building caused water contamination



Ryan Tumilty
Metro | Ottawa

It will cost at least \$11.1 million — and potentially more — to clean up contamination on the former Sir John Carling Building site before a new Ottawa Hospital can be built there.

Public Services and Procurement Canada released a map of

the land they plan to transfer for the new hospital, along with early estimates for the cost of remediating the site.

The Sir John Carling Building sat on the land until it was imploded in 2014, but the demolition left behind a chemical residue that leaked into groundwater. The government estimates it will cost between \$8.3 and \$8.6 million to remove the rubble of the building, which was pushed into basement levels and an additional \$2.8 million to deal with the groundwater.

They don't have an estimate on the cost of removing any contaminated soil around the building.

Nepean-Carleton MP Pierre Poilievre, a former cabinet min-



They wouldn't have had to pay any of these costs if the hospital had been allowed to move to the location it had originally chosen.

MP Pierre Poilievre

ister in the Harper Conservative government, said that's an absurd waste of money for a hospital that could have been built on a uncontaminated empty field.

"They wouldn't have had to pay any of these costs if the hos-

pital had been allowed to move to the location it had originally chosen," he said. "These additional costs are unnecessary and \$11 million is a lot of money and it may not be the final cost."

The former Conservative government gave approval for the hospital to move to a site across from the existing hospital on Central Experimental Farm land.

When the Liberals came to power they cancelled that approval and had the National Capital Commission study a host of other sites, before they selected Tunney's Pasture. The hospital rejected Tunney's Pasture. The Sir John Carling site became a compromise position soon after.

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MARIJUANA

Quebec medical weed firm goes public



Haley Ritchie
Metro | Ottawa

A Gatineau-based medical marijuana firm with a self-declared goal of becoming the "Coca-Cola of cannabis" began public trading on the TSX Venture Exchange Tuesday. Sébastien St. Louis, co-founder and CEO of the company, said the decision was part of preparing the company for the recreational marijuana market.

"We're currently very well funded for our existing medical roll-out plans, but then for recreational, if everything goes as

well as we expect it to, we will need more capital," he said. "It was a huge decision in taking that next step."

"It gives us a good platform, for the eventual legalization of the recreational market, to be able to leverage the public market for rapid expansion."

Hydrophocary is currently licensed by Health Canada to produce and distribute medical marijuana, the only business of its kind in Quebec. On Tuesday the company began trading under the symbol "THCX."

After opening the day at \$1.82 per share, Hydrophocary stocks

dropped 15 per cent to end at \$1.55. In the two trading days since then, the stock has risen to over \$2. St. Louis said he was very happy with the company's performance so far.

Last fall Hydrophocary opened a new 36,000-square-foot growing facility that brought it to 42,000 square feet of space, allowing it to boost production to 3,600 kilograms a year from 600.

"We continue to sell everything we're growing, so we're happy about that," chief operating officer Adam Miron said.

WITH FILES FROM THE OTTAWA BUSINESS JOURNAL



Adam Miron in hydrophocary's new medical marijuana growing facility in Gatineau. ANDRZEJ TERRENCE/FOR METRO

Introducing new types of clouds

SCIENCE

Updated version of Cloud Atlas has gone digital

Joe Callaghan
Metro | Toronto



Clouds can now wander a little less lonely.

The good news for sky-watchers didn't rain so much as pour Thursday as World Meteorological Day was marked by the official unveiling of upwards of a dozen 'new' clouds by the world's weather chiefs. That wasn't all.

The spirits of amateur cloudspotters across the globe were sent sky high with the release of a new digital edition of the International Cloud Atlas — the classification system for clouds and meteorological phenomena — which had last been updated in 1987.

The atlas dates back to the 19th century but amateur and scientific cloud observers had long been clamouring for an update from the World Meteorological Organization.

"Just like newspapers and everything else, everyone has gone digital right?" laughed Phil Austin, associate professor at the University of British Columbia specializing in cloud physics.

"The (Cloud) Atlas has turned out to be quite an important thing to try and reconstruct what clouds looked like in the past. Before there were satellites, there were people watching the sky."

Now all sky-watchers can access the digital Atlas to verify their work.

"It's almost the adage; does it even exist if it's not online?" said David Sills, a meteorologist with Environment and Climate Change Canada based in King City, Ont.

"It's decades in the making. It's an important document so it's great to see that it's in digital format now too so the public can see it," said Sills. "Hopefully when people see a cloud they can now go back, look it up and learn something."

With the help of Austin and Sills, here are some of the key cloud changes that swept in Thursday.



Volutus comes in from the storm

A whole new species, volutus was quite literally a slow roller. "Sometimes you get a thunderstorm and it produces this gust of cold air that moves out from under it," explains Sills. "Hence that leading edge keeps moving and moving, especially if it's near sunset, it can keep moving overnight."



Asperitas gets its moment

After much campaigning from citizen cloudspotters, asperitas was recognized as a new cloud, the atlas describing it "as if viewing a roughened sea surface" from below. "Probably everyone has noticed these once in a while," said Sills.



Human, nature impact felt

Patches of cloud that are formed over forests and waterfalls are among those newly classified, like the Cataractagenitus you're likely to see at Niagara Falls. "There's Homogenitus which is anthropogenic (artificial) type of clouds formed from smokestacks or contrails from jets," says Sills. "It isn't a species on its own but it's a special type of cumulus formation like Flammagenitus which is a big cumulus cloud caused by a forest fire."



Go catch 'em all

"There's a whole nephology community out there with your typical cloud nerds who have all the names memorized," said Sills, (this one is a Fluctus). "It's something fun for everyone. And now more people can get involved."

INDIGENOUS ISSUES

Federal budget includes no new spending for on-reserve fire safety

Despite "unprecedented" spending for indigenous issues, the new federal budget doesn't promise a penny more for fire prevention in First Nations communities.

The words "fire protection," "fire prevention," and "fire services" do not appear once in the 90,000-word document, which does include \$3.4 billion in new spending for indigenous people in Canada, on top of the \$8.4 billion announced last year.

"There really hasn't been

that much dollars allocated to indigenous peoples, basically ever," Assembly of First Nations National Chief Perry Bellegarde said. "It is in that sense unprecedented."

"Our challenge now is to make sure that these resources get out to the communities to have a real, substantive impact on the ground," Bellegarde said.

There is new money for indigenous health, languages, off-reserve housing and more. On-reserve infrastructure however,

which includes fire protection services, will see no new money from the budget.

Earlier this winter a Torstar News Service investigation revealed that at least 173 people have died in house fires on First Nations reserves since the federal government stopped keeping track of the data in 2010.

Many of the houses that burn to the ground with people inside them do not meet basic building or fire codes.

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'We are not afraid': May

TERROR ATTACK

Britain's PM encourages return to normality

Authorities on Thursday identified a 52-year-old Briton as the man who mowed down pedestrians and stabbed a policeman to death outside Parliament, saying he had a long criminal record and once was investigated for extremism — but was not currently on a terrorism watch list.

As lawmakers returned to work a day after the rampage killed five people and injured at least 30, British Prime Minister Theresa May vowed: "We are not afraid."

"Today we meet as normal — as generations have done before us, and as future generations will continue to do," she said to cheers in the House of Commons.

Daesh claimed responsibility for Wednesday's attack, which police said was carried out by Khalid Masood, a U.K.-born resident of the West Midlands in central England.

Masood plowed a rented SUV



People at a vigil at Trafalgar Square in London on Thursday. GETTY IMAGES

into pedestrians on London's Westminster Bridge, killing an American man and a British woman and injuring more than 30 people.

A 75-year-old victim on the bridge died late Thursday of his wounds, police said. He fatally stabbed a police officer inside the gates of Parliament.

Some of the victims were identified as Kurt Cochran, 54, of Utah and British school administrator Aysha Frade, 43 and 48-year-old Constable Keith

Palmer, a 15-year veteran of the Metropolitan Police.

Police arrested eight people on suspicion of preparing terrorist acts as authorities sought Masood's motive and possible support network.

One arrest was in London, while the others were in the West Midlands city of Birmingham. Police said they were searching properties in Birmingham, London and Wales.

As police investigated, Parliament got back to business,

opening the day with a minute's silence for the victims.

May set the tone in the House of Commons, saluting the heroism of police and the ordinary actions of everyone who went about their lives in the aftermath.

"It is in these actions — millions of acts of normality — that we find the best response to terrorism. A response that denies our enemies their victory, that refuses to let them win."

THE ASSOCIATED PRESS

A look at victims of attack near London's Parliament

The five people killed and at least 30 injured in the attack in Westminster were a cosmopolitan snapshot of one of the world's most cosmopolitan cities.

The dead included a British policeman, stabbed repeatedly, an American tourist who was celebrating his 25th wedding anniversary and a school administrator adored in the Spanish town where she spent summer vacations with her family.

Here's what's known about the victims:

Police Officer Keith Palmer, 48, was on duty protecting Parliament Wednesday when he was stabbed to death.

He had been a member of the parliamentary and diplomatic protection forces for 15 years, and a soldier in the Royal Artillery before that.

Honouring Palmer, Prime Minister Theresa May said he was "a husband, a father ... he was every inch a hero."

Aysha Frade, a British national whose mother is Spanish, was one of two people killed on the bridge.

In the northwestern Spanish

town of Betanzos, where her mother was born and her two sisters run an English-language school, the mayor said: "The whole town is shocked."

Although Frade, 43, was born and lived in London, she spent weeks every summer in Betanzos visiting relatives, said Ramon Garcia Vazquez, mayor of the town of 13,000 people in Spain's Galicia region.

Kurt W. Cochran, from the United States, was on the last day of a trip celebrating his 25th wedding anniversary when he was killed, according to the Mormon church his parents-in-law work for.

His wife, Melissa, was seriously injured. She remains hospitalized.

In a tweet, U.S. President Donald Trump called Cochran "a great American" and said: "My prayers and condolences are with his family and friends." THE ASSOCIATED PRESS



Aysha Frade



Keith Palmer



Kurt Cochran

'Trump is nothing if not obsessed with all things big'

Rosemary Westwood has relocated from Canada to the U.S. She chronicles her observations in a weekly column.

ROSEMARY WESTWOOD
From the U.S.



Some questions, you'd think, shouldn't need to be asked. For instance, "Is America's military big enough?" And yet, the New York Times this week dutifully asked the question, since the president of the United States not only considered it — or perhaps, overheard it on conservative talk radio — and answered yes.

As it is, the U.S.'s \$596 billion military budget is greater than the next seven countries combined. Past presidents have beefed up military spending for actual wars. Donald Trump appears happy to beef up spending for imagined ones, or for posturing, or, perhaps, just to make the military bigger.

Enter his recently released "skinny" budget, which is, you understand, an old Washington term related to a lack of detail, and not a reference to its lack of muscle. It's very robust. Extra tough. Super strong^(TM).

The New Yorker dubbed it his "Voldemort" budget.

It would, among other things, defund Meals on Wheels, cut support for affordable housing in cities, shrink the Education Department's budget, throw pretty much every federal arts program out the Air Force One window, and thrust an extra \$54 billion towards military spending.

In the same breath, the White House is hoping to relieve 24 million Americans of their health care coverage under its proposed American Health Care Act.

Trump is not, it turns out, simply "doing everything he promised," because that included making life better for many of his devoted voters, and, at one point, promising a health care plan that would cover every single American.

Instead, with now trademark-inconsistency, he's coated a dovish American-First rhetoric around the exact opposite: a hyper-militarized vision of the country.

Under Trump's leadership, "Is America's military big

enough?" becomes a rhetorical question, with the same mindless worship of size.

Trump is nothing if not obsessed with all things big.

He's lied about the number of floors in Trump buildings, so they appear taller. He exaggerated the size of his electoral win, and then exaggerated his inauguration day crowd. "Big league" is a favourite phrase. His 2008 book was called "Think Big." The London terror attack was "Big news" and the day before his health care bill faced a vote in the house of congress was a "Big day."

He even wants to appear, physically, big. Since Trump took office, many have missed not only Barack Obama the man, but also his taste in suits, compared to Trump's '80's era shoulder pads tailoring reminiscent of a tent.

If Trump gets his way, and there are big cuts to health, education, arts, and programs supporting the elderly, disabled and poor, and a big old boost to military spending, something else is bound to be equally big: the damage.

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HOW DID THIS CHICKEN GET SO BIG?

Despite what you may have read on the Internet, gigantic chickens are nothing to be afraid of. The chicken in that viral video from Kosovo belongs to a very large breed called the Brahma. How did it get that big? The usual way: selective breeding. Here's how it works.

HISTORY

Brahmas are believed to have been bred from Cochins, a preposterously fluffy, massive breed from South Asia. A craze for Brahmas and other giant chickens swept the western world in the mid-1800s, according to poultry historian Andrew Lawler.

DIVERSITY

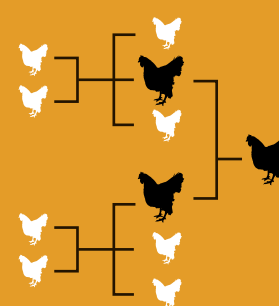
The wild relatives of modern chickens, **red junglefowl**, gifted today's pluckers with incredible genetic diversity. Chickens come in an astounding variety of shapes, sizes and colours. All those differences result from variations in DNA between chicken breeds and individual chickens. A 2004 study found chickens have six to seven times more genetic diversity than humans do.

ARTIFICIAL SELECTION

Like humans, chickens have two copies of all their genes, one from each parent. Say there's a single gene that causes giant-ness in chickens. Possibly, some giants may have just one copy of the gene, while others have two. If farmers breed giant chickens only with other giants over many generations, eventually all chicks will reliably be giant.

That means the whole

flock is **homozygous**: They all have two copies of the giant gene, and all their future chicks will too. This is called **breeding true**.



NATURAL SELECTION

Sometimes a particular genetic trait will help a species survive and reproduce better. That trait will tend to become more common over time. That's **natural selection**. But for centuries, humans have interfered with this process, **breeding** chickens for traits they want to see. That's **artificial selection**.

FINDINGS

Your week in science



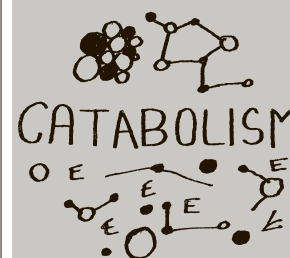
DINOSAUR DUST-UP

Since the 1800s, we've divided dinosaurs into two groups. The T. Rex and brontosaurus were in one, and triceratops, duckbills and stegosaurs in another. But a new study of fossils from 75 species says we should scrap that system. In the new family tree, the T. Rex is more closely related to the duckbill and the brontosaurus is a distant cousin.

HEART HEALTHY SALAD

An American team has turned spinach leaves into something that looks and works a lot like real, beating heart tissue. They replaced plant cells with heart cells, relying on the leaf's "veins" for structure.

SOUND SMART



DEFINITION

Catabolism is the process of breaking down complex, large molecules into smaller ones, usually releasing energy at the same time. Turning food into energy is a process of **catabolism**.

USE IT IN A SENTENCE

Deborah is hopping up and down because she just got a burst of energy from the fast **catabolism** of all the sugar she ate.

PHILOSOPHERCAT by Jason Logan



CITIZEN SCIENTIST by Genna Buck

The biological computers of the future

Will we really soon have computers made of DNA?

Teams all over the world are working on quantum computers. Through the magic of quantum physics, one day these babies may be able to routinely handle files the size of 40,000 videos and run fast enough to break all the encryption methods that currently exist. (Encryption is just a fancy way of saying "giving a computer a number so big that it gets

stumped.")

If quantum computers come together the way scientists at Google and the Canadian Institute for Quantum Computing are hoping, we're going to need some better technology for information storage.

There aren't enough hard disks in the world for all that data.

Enter the storage molecule of the future: DNA. If you were to uncoil all the DNA in all the cells in your body, it would

reach past the edge of our solar system. All that is small enough to fit inside you!

DNA contains information: A sequence of acids represented by the letters A, C, T and G. Scientists have already managed translating DNA sequences into binary code, the basic language all our computers speak.

DNA persists for thousands of years, meaning our data could be kept secure and accessible in perpetuity, unlike that box of floppy disks in your

basement.

It's a moonshot. We're nowhere near figuring out how to write information onto DNA and read it back out in an accurate, reliable and speedy manner. But I have confidence we'll get there.

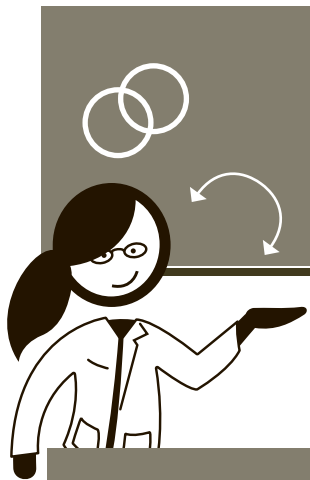
It's like landing humans on Mars. I have faith that (crazy!) day will come, too. The hopeful march forward is what science is all about.

Science Question?

genna.buck@metronews.ca

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Rangers power up to stand out

ACTION MOVIES

Latest reboot combines big spectacle with cerebral drama

Steve Gow
For Metro Canada



To paraphrase Mark Twain, there's no such thing as a new idea. Instead, as the great American humorist insisted, we only twist old ideas into curious new combinations.

Of all things, that's just what has happened to Power Rangers.

In the 1990s, the Japanese-influenced live-action series about a quintet of teens who achieve the ability to morph into superheroes not only captivated young minds, it grew into a global marketing phenomenon and the most-watched children's program on American television.

"I'm excited to see how people receive the film," admitted Australian actor Dacre Montgomery, who plays the team-leading Red Ranger in the reboot. "I think it is a good representation of where we're at in the world at the moment and it's good that it has an opportunity to come back to life."

For those who recall, there wasn't anything fancy about the original series — just a bunch of costumed martial-arts stuntmen groaning and

duelling with goofy rubber monsters on cheap-looking sets. In the age of the big-screen blockbuster however, Power Rangers is ready for an impressive effects makeover on par with Marvel hits like The Avengers and Guardians of the Galaxy.

"This film draws a fine line between those other movies," explained Montgomery. "Those visceral, intelligent, complex movies that are so beautiful to watch and the big superhero spectacles — and hopefully combines them in such an effective way that we can engage (fans) on an even deeper level than other superhero franchises."

Another way the reboot attempts to carve itself a piece of the comic-book movie market is through inclusivity. Whereas the old show was a campy mess of non-stop action, producers aimed to ensure the new squad resonated with today's teens by providing depth and proving how our differences can maximize our full potential when fully united.

"All of the Marvel and DC worlds — they're not as diverse as this cast is," added Montgomery.

"We are legitimately from

different corners of the planet, each of the cast members, and although we don't this American accent, we all bring different cultural elements of our backgrounds of upbringing to those roles which makes it an even more diverse and interesting dynamic."

Power Rangers isn't the only phenomenon Montgom-



This film draws a fine line between those other movies.

Dacre Montgomery, actor

ery has been fortunate to find himself in during his short career. Following production, the 22-year-old was cast in last year's most buzzed-about show — Stranger Things.

"I feel like a bit of a nerdy fan on-set every single day," said Montgomery, currently filming as the antagonist in the second season.

"Enjoying that world has been a lot of fun and exactly what I was seeking in contrast to Power Rangers."



RJ Cyler (Billy), Naomi Scott (Kimberly), Ludi Lin (Zack), Dacre Montgomery (Jason), and Becky G (Trini), star in the new Power Rangers movie. CONTRIBUTED

MOVIE RATINGS by Richard Crouse

Life	★★★★
Power Rangers	★★
Personal Shopper	★★★★
Wilson	★★
The Second Time Around	★★★

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Movie misery loves company

PERSONAL SHOPPER

French director praises Kristen Stewart in their second film

Richard Crouse
For Metro Canada



Ghostbusting is supposed to make you feel good. If that's true, why does Personal Shopper's Maureen (played by Kristen Stewart) appear so miserable all the time? Perhaps it's because the spirit she is trying to bust is that of her brother Lewis, a twin who died of a heart attack in a rambling, old Paris house.

In her second film with French director Olivier Assayas, Stewart gives a career-topping performance, brittle yet calm in the face

of mounting terror.

There is a detached feel to the performance that recalls the remove Hitchcock's leading ladies often projected as she navigates through personal tragedy and supernatural mystery.

"Kristen is the great actress of her generation," says Assayas. "I feel very privileged to have this connection with her. It is miraculous to work with a young actress who realizes there is no end to what she can do. You tell her, 'You can fly,' and she doesn't believe it and then she does it."

"I have always loved to work with young actors and actresses. You catch them at a moment when they are transforming and opening up. I think it is always interesting to work with actors when you can give them something. When you work with great actors who have done it all, it is very difficult because you give them something that they have

already done better in another movie 10 years before."

Their previous collaboration, Clouds of Sils Maria, earned Stewart a rare honour. She was the first American actress to be nominated for and win a best supporting actress César award, the French equivalent of an Oscar.

"She is obsessed with breaking anything that could feel like routine," he says. "She gives herself this rule of not doing what she would instinctively do. When you do a scene there is an obvious starting place. She never takes it. That's what I love. As a writer I don't want to see what I imagined, I want to see an actor who takes it, who appropriates it and does something else with it. That's when it becomes real and human."

"Usually I work with actors once, twice and after a while I realize we've gone all the way. With Kristen I think I could go on and on."

Personal Shopper is a ghost story, so things take a strange turn when Maureen's phone lights up with mysterious texts while she's on a quick Chunnel trip to London. "R U real? R U alive or dead?" she writes, replying to the Unknown texter.



Director Olivier Assayas says Kristen Stewart has great instincts. THE ASSOCIATED PRESS

“Usually I work with actors once, twice and after a while I realize we’ve gone all the way. With Kristen I think I could go on and on.”

Olivier Assayas, director

"Tell me something you find unsettling," comes the response, opening the door for Maureen to begin exploring her fears, phobias, digging deeper than she ever has.

"I don't believe in the supernatural but I believe there is

more to life than the material world. Science kind of proves it. There is so much going on that we can't see because it is too small or too big or whatever. We have our own relationship with some invisible world. Each of us has his own version of it. You

end up living with the departed.

"Each of us has an inner world which is much more complex than the material world. It's much more fascinating in terms of cinema. I don't think it is bizarre to try and connect with that."



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Sweet side of Ford is missing in Filth

PREMIERE

Savagery in film version out-weighs the true story

Kevin Donovan
scene@metronews.ca

Actor Pat Thornton does what the Toronto Police could never do. He nails Rob Ford, providing a chaotic and quite perfect impersonation of the late mayor of Toronto.

Four years ago, sitting in the back of a darkened car watching the crack video on an iPhone with colleague Robyn Doolittle, I felt like we were in a cheap crime drama.

Late-night phone calls. Coffee. Drive to a prescribed location. Wait. Small talk. Wait. Get into car with strange man. Get driven to a parking lot. Convince a drug-and-gun dealer to show video of Toronto's top politician smoking a rock of crack.

The Rob-Ford-on-crack video we saw that night is the one Thornton has brought to the screen as Mayor Tom Hogg in

the movie *Filth City*. Out of his mind on drugs for most of the film, wheezing, screaming, lecherous, crude and yet quite messianic in his desire to save taxpayers money.

Our Ford had the slogan, "Stop the gravy train." This Hogg goes a bit further, vowing to take all of the social programs, the subsidized housing and the schools that are using up taxpayers' money and "Suck them dry!"

Missing from his characterization of the mayor is what I came to understand as the sweet side of Ford — his actions tormented his family, but he did love them; among Ford Nation he was pretty much a deity.

That's why Ford Nation was so angry that the cops and media were after him. This Hogg has no family, but he does have a sidekick he calls "Bro," a more sympathetic, though less loyal, character than the real Doug Ford, brother of Rob.

What is not missing from the movie is the crack, and lots of it. The cops do crack. Mayor Hogg does crack. Oh, and the guns.

Agatha Christie once said that her approach to writing mystery stories was to drop in



Actor Pat Thornton, above, plays Tom Hogg while Siobhan Murphy, right, plays Miriam Keen in *Filth City*. HANDOUTS

another body when things got dull. I stopped counting at 10 killed, mostly in wild shootouts.

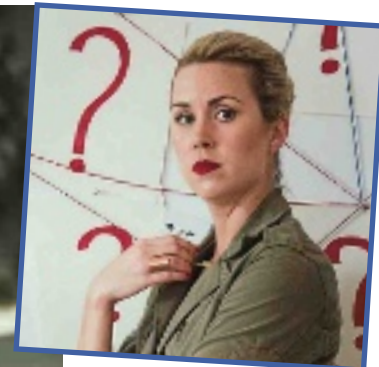
Every time I grew to like a character in the movie, he was killed. That wholesale violence never happened in the Ford story, though two of the three men Ford was photographed with outside the house where the video was filmed were later

shot outside a bar, and one of them died.

In *Filth City* all of the crazy rumours we reporters heard on the chase come to life: The suitcase full of cash in return for the video — in the movie, yes; never happened in real life. Cops on the side of the mayor, working aggressively to find the video to destroy it

— unfounded scuttlebutt in the Ford case and, at the end of the day, it was the then-chief Bill Blair who confirmed the video's existence six months after Robyn and I first saw it.

As in real life, the movie's star is the crack video itself. The at-times-fruitless, fraught-with-danger search for the elusive iPhone clip that so many (in



Toronto and in the mythical and garbage-ridden *Filth City*) wanted for their own purposes. Some wanted it to bring down a mayor. Some wanted it to make sure a mayor stayed propped up. And some wanted it to make money to get out of town, or to tell the public whom they had elected.

And like mayor Ford, Mayor Hogg had a simple plan.

"I'm gonna work my ass off to be the best goddamn mayor of all time!" Hogg tells a very high Hogg Nation campaign crowd. Apart from the carnage in *Filth City*, it works out a great deal better for this mayor than it did for ours.

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Junos benefitting local scene

CANADA



150 CELEBRATION

OTTAWA MUSIC

Awards shine spotlight on city's exploding music industry

Jen Traplin

The 2017 Juno Awards are coming to town and, with them, a host of opportunities for the Ottawa music industry.

Erin Benjamin, executive director at Music Canada Live, says benefitting the local scene was the main focus of the 2017 Juno Host Committee, for which she



The 2017 Juno awards will be co-hosted by Bryan Adams, pictured at the 2016 awards, and Russell Peters. GETTY IMAGES

serves as vice-chair.

"From day one, the driving force has been how we can best leverage the presence of the 2017 Junos, always asking ourselves what's in the best interest of the local industry, so the decisions that have been made have been predicated on that 100 per cent," she says.

"The Ottawa music industry is truly one of the most explosive in the country right now and it's been wonderful to use the Junos to really shine a spotlight on what's great about it."

Benjamin points to the Ottawa Music Micro-Grants Program as a prime example. This new initiative has seen roughly

\$30,000 invested into unique musical experiences taking place in the city leading up to the Junos.

There is also the first ever Ottawa Music Summit, an all-day professional development conference for the local industry, featuring 12 music industry delegates from around the world.

"The kind of networking and relationship building that will happen there will have a profound impact," Benjamin says. "It is all about the local music industry."

A number of Ottawa-area musicians will also be playing Junofest, a two-night music festival featuring over 100 artists

+ TUNE IN

Don't miss the 2017 Juno Awards broadcast, hosted by Bryan Adams and Russell Peters, on Sunday, April 2 at 6:30 p.m., featuring performances by Ottawa's own A Tribe Called Red, as well as Billy Talent, Shawn Mendes, Arkells, Sarah McLachlan, the Strumbellas and more.

in over a dozen venues as part of the 2017 Juno Week.

Benjamin says the hope is that, through these local initiatives, the 2017 Junos will leave a lasting legacy in the Nation's Capital.

Junofest

When: March 31 and April 1
Where: Various local venues

Junofest wristbands are available through ticketfly.com for \$30 (plus tax and service fees). Wristbands provide priority access to all venues participating in Junofest for both nights.

For a full list of Junofest performers, visit junoawards.ca.

Close to home: playing the Ottawa Junos

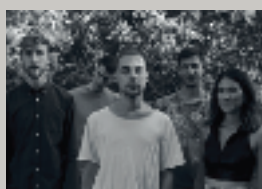
We asked local bands and artists how it feels to be performing as part of Junofest and what it means to the area's musicians that the 2017 Juno Awards are being held in Ottawa

Jen Traplin



Silla + Rise
(2017 JUNO Award nominees | Indigenous Album of the Year)
MERCURY LOUNGE |
Sat., April 1 at 12 a.m.

"We are proud and honoured to be getting recognition from CARAS for our album and we are excited to share Inuit throat singing and our futuristic blend of sounds with a broader audience. Amazing that we get to take part in the celebrations in our hometown."



Pony Girl
MINOTAURE |
Sat., April 1 at 11 p.m.

"The coolest thing to come of the Junos being in Ottawa are the 30 or so special projects being funded by Juno Host Committee and Ottawa Music Industry Coalition micro-grants. In the lead up to Juno weekend have been these remarkable presentations in the city."
— Gregory Clark, Pony Girl



Sarah Scriver
PRESSED |
Sat., April 1 at 8 p.m.

"To me, the opportunity to play this showcase is huge. The local talent is phenomenal. To even be considered among them is an absolute honour and a launching point for my career."



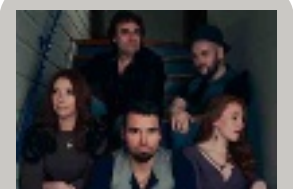
Amanda Rheaume
ST. ALBAN'S CHURCH |
Fri., March 31 at 10 p.m.

"I am always excited when the Junos are in Ottawa. I see it as a great opportunity to show the rest of Canada and its awesome music industry and community what the Nation's Capital is made of."



wotts
THE BOURBON ROOM |
Sat., April 1 at 10:45 p.m.

"Being part of Junofest is an absolute trip. The bill we're on is stacked and the whole festival itself feels like a celebration of Ottawa's scene, which just keeps growing and growing. We're very proud to take part."
— Jayem, wotts



Twin Flames
CAFE DEKCUF |
Sat., April 1 at 10 p.m.

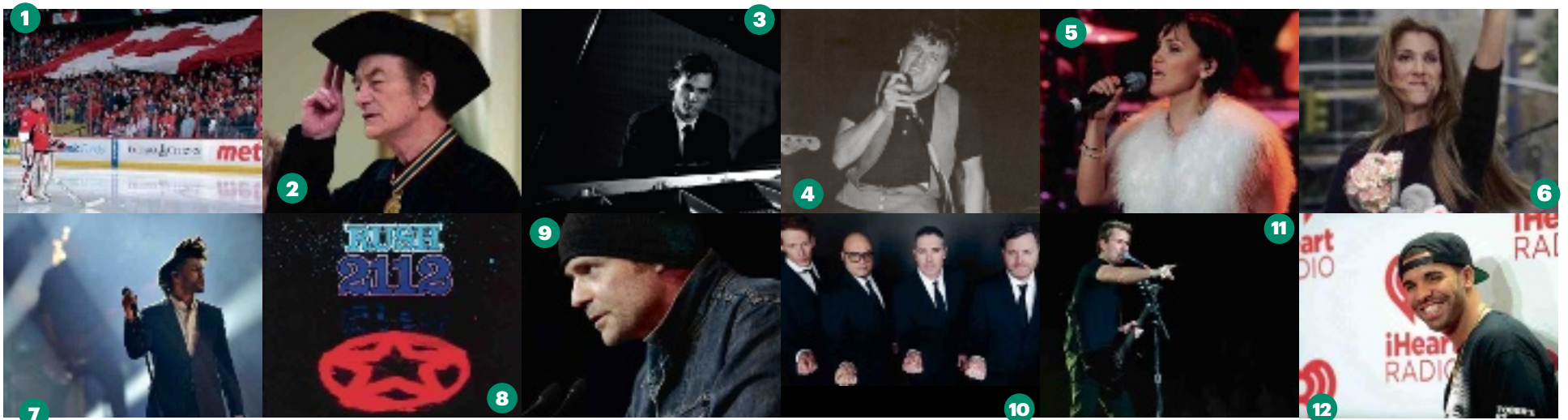
"Our musical journey has taken us throughout Canada and now to be included in Ottawa performances this year is a testament to the evolution of music in this city. Indigenous/Inuit music is Canadian music and we are happy to be a part of the newly found willingness to discover us and our messages."



Face it, Canada: you're not a kid anymore. But with age comes wisdom (sometimes) and milestones (inevitably). As Canada fêtes 150 years, we humbly submit 10 monumental moments that have sculpted our nation's amazing musical narrative

Kim Hughes

Trailblazing moments in Canadian music history



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CANADA



150 CELEBRATION

The moments that changed everything for music in Canada.

- 1 1880:** Calixa Laval-lée writes the music to O Canada for a Saint-Jean-Baptiste Day bash. It becomes the national anthem in 1967, joining Happy Birthday as the tune everyone sings at least once a year.
- 2 1936:** "Stompin' Tom" Connors draws his first breath in Saint John, N.B. Not only does Connors unapologetically document the Canuck experience, he makes "corny but genuine" a thing.
- 3 1955:** Pianist Glenn Gould's landmark Bach: The Goldberg Variations arrives, pole-vaulting Canada to the tippy-top of the classical heap while upending notions of how virtuosos are supposed to behave.

4 1964: Ronnie Hawkins ditches his American fatherland for Canadian residency, marshalling a rock renaissance that includes The Band, Crowbar, Skylark and Janis Joplin's Full Tilt Boogie Band.

5 1967: Susan Aglukark is born in Churchill, Man.. She will become the first Inuit singer/songwriter to win a JUNO. Tanya Tagaq's 2014 Polaris Prize carries the torch for incomparable aboriginal achievement.

6 1968: Celine Dion, the youngest of 14, lands and promptly conquers Quebec and then planet Earth without experiencing a single meltdown. Even haters are powerless against her grace... or her pipes.

7 1970: The Gold Leaf Awards (a.k.a. the very first Juno Awards)

8 1976: Rush issues 2112; minds melt in rec rooms from Scarborough to San Antonio to São Paulo while the imminent arrival of Wayne's World is sealed.

boldly advance the idea of grandstanding our own musical achievements regardless of foreign notice or ascent. Pictured: The Weeknd.

8 1976: Rush issues 2112; minds melt in rec rooms from Scarborough to San Antonio to São Paulo while the imminent arrival of Wayne's World is sealed.

9 1989: The Tragically Hip unleash New Orleans Is Sinking, the final word in rock that wondrously shape-shifts during shows and eerily prescient in its content.

10 1991: With the runaway success of The Yellow Tape, Barenaked Ladies make "being indie" empowering and cool, not the last resort of lightweights unable to score record deals.

11 1995: Nickelback forms and goes on to prove that massive commercial success and critical abasement can happily (and very profitably) co-exist. Meh, can't please everybody.

12 2016: Rapper Drake breaks a gazillion records (most American Music Awards nods, Spotify streams, Billboard Hot 100 placements...) cementing Canada's status as the 21st century's musical go-to.



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EVENT	DATE, TIME AND PLACE
COUNTRY IN THE CAPITAL (\$) Showcase for up-and-coming local talent, in collaboration with Ribbon & Shell Entertainment Group	WEDNESDAY, MARCH 29, 9:30 P.M.—12 A.M. House of TARG, 1077 Bank St.
OTTAWA MUSIC SUMMIT AT THE JUNOS (\$) All-day conference on selling music to film and TV, and developing export music markets. Presented by FACTOR.	THURSDAY, MARCH 30, 9 A.M.—7 P.M. Canada Council for the Arts, 150 Elgin St.
MUSIC IN THE AIR-WAVES (Free) Local school bands welcome stars at the arrivals gate	THURSDAY, MARCH 30, 4—9 P.M. FRIDAY, MARCH 31, 10 A.M.—9 P.M. Ottawa International Airport
JUNO NO BOUNDARIES (Free) Bucko DJs JUNO-nominated music from his wheelchair and will be joined by surprise guests to class DMS	THURSDAY, MARCH 30, 7—9 P.M. Canada Council for the Arts, 150 Elgin St. (Lobby)
INDIA'S INFLUENCE ON MODERN DAY ROCK N' ROLL (\$) Learn and see Anjali Patel perform live; in collaboration with Aroha Fine Arts	THURSDAY, MARCH 30, 8—11 P.M. Amberwood Lounge & Eatery, 54 Springbank Dr.
MUSIC CITY PANEL (Free) Experts discuss how to develop Ottawa's music economy	FRIDAY, MARCH 31, 10 A.M.—1 P.M. Innovation Centre at Bayview Yards, 7 Bayview Rd.
WELCOME RECEPTION FOR THE JUNO EXPRESS (Free) POWERED BY VIA RAIL CANADA Rolling out the red carpet, all the way to the tracks	FRIDAY, MARCH 31, 1:50—3 P.M. Ottawa Train Station
HOW TO DEVELOP THE QUEBEC MARKET (Free) Panel discusses how to break into the Quebec market. Presented by l'ADISQ.	SATURDAY, APRIL 1, 1—3 P.M. Cornerstone Bar & Grill, 92 Clarence St.

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Do your part to conserve for Earth Hour

Marlene Benedicto

This year marks the 11th anniversary of Earth Hour and on Sat., March 25 at 8:30 p.m. more than 170 countries in six continents will unite and turn off as much power as possible for an hour. The purpose? To join forces to fight climate change.

When Earth Hour began in 2007, it was celebrated by 2.2 million people in Sydney, Australia. Last year, 178 countries and territories — including the International Space Station — participated in the hourlong event.

What causes climate change?

Climate change effects everyone. When we burn fos-



Organize your own Earth Day gathering with friends and family. ISTOCK

sil fuels such as coal and oil, greenhouse emissions like carbon dioxide are released into the atmosphere, causing

climate change.

What are Canadians doing to participate in Earth Hour?

There is a variety of Earth Hour events taking place such as candlelit dinners, glow-in-the-dark skating and star

gazing in a national park.

What is Canada's stance on climate change?

Canada has been instrumental in the fight against climate change. Canada joined forces with 195 countries and signed the Paris Agreement on April 22, 2016 — Earth Day. The agreement means that Canada will do its part to keep the global temperature increase below 2 degrees Celsius.

How can you take part?

If you're looking to take part in Earth Hour, here are a few options.

Between March 22 and 25 you can donate five Facebook posts to help Earth Hour and the World Wildlife Fund (WWF) shine the light on climate change.

Organize your own Earth Hour event by gathering some friends and family together for a candlelit dinner or host an Earth Hour party.

Find out what Earth Hour events are happening near you. If you're looking to do

something more than turning off your lights, there are many fun Earth Hour events to choose from.

+ EVENTS

Earth Hour happenings in Ottawa to check out

•ECO KIDS at St. John XXIII

On Friday, March 24, St. John XXIII will go dark for an hour to participate as a school community.

•Earth Hour at St. Elizabeth Ann Seton St. Elizabeth Ann Seton is organizing its own Earth Hour from 1-2 p.m.

•Mill Street Light's Out 2017 at Vineyards Wine Bar and Bistro Vineyards Wine Bar and Bistro is organizing an acoustic, candlelit performance from 7:30-9:30 p.m.



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Line-free parks worth the wait

AMUSEMENT

Theme-parks seeking ways to eliminate long tedious lineups

At Universal Orlando Resort's new Race Through New York Starring Jimmy Fallon ride, waiting in line has been replaced by lounging on couches and listening to a racy barber shop quartet sing until it's time to enter the ride.

Universal is leading the theme-park charge into "virtual lines" that give visitors options for exploring a park or watching live entertainment instead of the tedium of looking at someone's back as you inch forward step by step to the thrill ride.

"It's kind of a bit of a science experiment for all of us," said Jason Surrell, a Universal creative director said about the "queue-less" waits. "We've known for years that waiting in line is one of the biggest dissatisfiers in our guests' day."

Universal is also trying the concept at another attraction. Later this year, when Universal opens its new Volcano Bay water park in Orlando, visitors will be given wristbands that will alert them when it's their turn to get on a ride.

"I think it represents the future of what we're going to be doing in themed entertainment," Surrell said. "I kind of

RIDE TIME
Race through New York offers "queue-less" waits. Visitors browse memorabilia and lounge until it's their turn.



With the opening of Race through New York, Universal is leading the theme-park charge into "virtual lines." THE ASSOCIATED PRESS

joke that this is the first step on a journey that will eventually lead us to a generation that doesn't even know about theme park lines. It will be 'What do you mean, wait in a queue? What's that, Grandpa?'"

Virtual lines are the latest evolution in theme parks' efforts to shorten or eliminate waits for rides, or if waits are necessary evils, to improve the experience of biding one's time.

Almost two decades ago, those efforts were concentrated on elaborately-designed "pre-ride" lines such as Univer-

sally's The Amazing Adventures of Spider-Man, which goes past an elaborately-detailed Daily Bugle newsroom.

A few years later came the ride reservations systems of the FastPass and Express Pass at Disney and Universal parks, respectively, in which ride-goers are assigned periods of time to show up for rides. But those reservations need to be made ahead of time, for the most part, and visitors can only make them on three rides a day.

Universal opens that concept to everybody, not just advanced

planners, with its two new attractions, while also offering entertainment during the wait.

"Everybody is trying to do this, working not only on the rides but how to get you on the rides," said Dennis Spiegel, who heads the theme park consulting firm, International Theme Park Services. "Universal is at the forefront right now."

The Jimmy Fallon attraction and the Volcano Bay water park take different approaches to virtual lines.

At the Jimmy Fallon attraction, which opens next month,

visitors enter an area made to look like the lobby of a Rockefeller Center building. Instead of getting in line, they can meander through the lobby looking at photos and memorabilia of past and present Tonight Show hosts and watch TVs playing clips of hosts Steve Allen, Jack Paar, Johnny Carson, Jay Leno and Jimmy Fallon. Up a flight of stairs are a lounge with couches, half a dozen consoles with touch screens displaying Tonight Show videos and a theatre stage. Visitors can hang out in the lounge area, charging their

phones or talking while they wait. They can dance or take photos with an actor in the costume of Hashtag the Panda, a staple character from Jimmy Fallon's show or listen to a performance from The Ragtime Gals, an incarnation of the barber shop quartet which is also a staple of the TV show.

When they enter the building, visitors are given a card with one of the colours in the NBC peacock logo. When it's their turn to go on the ride, lights in the waiting area will flash their colour and the singers will announce the colour. If they don't want to wait in the building, they can return at a designated time.

Universal hasn't released many details about how virtual lines will work at Volcano Bay, other than to say a watch-like device named TapuTapu will be given to visitors. It will flash "Ride Now" when it's their time to go on a ride.

Technology and our growing impatience with waiting are driving the move toward virtual lines, Spiegel said.

The proliferation of cellphone apps, along with the development of wristbands that emit radio signals, pioneered by Disney and able to track movement, made the virtual lines technically possible. America's growing impatience with waiting, from speed dating to Amazon Prime's two-hour deliveries makes it culturally imperative.

"Nobody wants to stand in line. We want to be first," Spiegel said. "It's just the way society is evolving."


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Homan flawless in preliminary round

CURLING

Canada takes 11-0 record into playoffs at worlds

Canada skip Rachel Homan tuned up for the playoffs in style Thursday by beating Italy and Denmark to remain unbeaten at the world women's curling championship.

Homan and her team of third Emma Miskew, second Joanne Courtney and lead Lisa Weagle closed out round-robin play with a perfect 11-0 record. As the top seed, the Ottawa-based team will open with the hammer in the Page playoff 1-2 game against Russia's Anna Sidorova on Friday night.

The 1-2 winner will advance to Sunday's gold-medal game and the loser will fall into Saturday's semifinal. Canada is trying to win gold for the first time since 2008.

"You can go undefeated in the round-robin and not win a medal, so it's not like it's in the bag," said Miskew. "We still have two or potentially three tough teams to play. We're prepared to have to play the semi, but it would be great to come out tomorrow and have a good game to get to the final."

"But it's all business for us. We're just trying to stay patient out there, not get caught up in



Canada's Rachel Homan watches as her teammates Lisa Weagle, left, and Joanne Courtney sweep a path for the stone on Thursday in Beijing. MARK SCHIEFFELBEIN/THE ASSOCIATED PRESS

anything and just play our game." Homan had already secured the first seed entering her morning game against Italy's Diana Gaspari at the Capital Gymnasium. Canada scored three in the fourth end and a deuce in the eighth for an 8-5 victory.

In the afternoon, Denmark's Lene Nielsen had a 4-3 lead after seven ends but Homan moved ahead with an open hit for three points in the eighth. She iced the 8-4 win with a steal of two in the ninth.

It's Homan's third appearance at this event. She won bronze in 2013 in Riga, Latvia, and took silver the next year

“

When it comes down to it anything can happen.

Rachel Homan

in Saint John, N.B.

Sidorova (8-3) wrapped up the second seed with a 6-4 victory over China's Bingyu Wang.

Sweden's Anna Hasselborg (8-3) will play Scotland's Eve Muirhead (7-4) in the Page playoff 3-4 game on Saturday afternoon.

The 3-4 winner will advance to the semifinal while the loser will play for bronze Sunday against the semifinal loser. The semifinal winner plays the 1-2 game winner for gold.

PYEONGCHANG 2018

NHLers may play in Games regardless

Alex Ovechkin has pledged to attend the 2018 Olympics in South Korea whether the NHL opts to go or not, and the Russian superstar might not be alone.

Donald Fehr, the executive director of the NHL Players' Association, said the possibility of players choosing to compete in Pyeongchang even if the NHL decides against interrupting the 2017-18 season "would be the next issue which arises."

"I'm not sure we take the view that that's a league decision anyway," Fehr said by phone on Thursday afternoon. "It's very probably an individual club decision."

The NHL declined to comment on the matter when reached Thursday, but it's not difficult to envision the headache it would cause for the league if players, beyond just Ovechkin, opted to attend next



Alex Ovechkin GETTY IMAGES "They know we think it's important," Fehr said. "They know that we believe very strongly that players ought to have an opportunity to play. They know we think it's in the long-run good for the game. And it's something that we ought to try and do."

NFL IN BRIEF

Patriots recover Brady's stolen Super Bowl jerseys

Tom Brady's stolen Super Bowl jerseys are back with the New England Patriots.

The FBI in Boston announced that jerseys worn by Brady during this year's Super Bowl and the 2015 Super Bowl were returned to Gillette Stadium Thursday.

Mexican authorities searched the property of tabloid journalist Martin Mauricio Ortega, where they found the jerseys.

THE ASSOCIATED PRESS

Owners mull shortening overtime to 10 minutes

NFL owners will consider proposals next week to cut regular-season overtime from 15 minutes to 10; eliminate players leaping over the line of scrimmage on kick plays; and expansion of coaches' challenges and what can be reviewed by officials.

The annual meeting will also include discussion on the Oakland Raiders' potential relocation to Las Vegas.

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MAKE IT TONIGHT

Delicious Blueberry Grunt



PHOTO: MARY VISHNEI

Ceri Marsh & Laura Keogh
For Metro Canada

This old-fashioned dessert boasts a warm, soup-y base and biscuit-y topping and only gets better when topped with vanilla ice cream.

Ready in 30 minutes

Prep time: 10 minutes
Cook time: 20 minutes
Serves: 6

Ingredients

- 4 cups blueberries
- 1/2 cup sugar
- 1/2 cup water
- 2 Tbsp fresh lemon juice
- 2 tsp lemon zest
- 2 cups spelt four
- 4 teaspoons baking powder
- 1 teaspoon sugar
- 1/2 teaspoon salt
- pinch of allspice
- 1/4 cup butter
- 1 1/4 cups milk, more if necessary

Directions

1. In a 9-inch, deep skillet, mix blueberries, sugar, water, lemon juice and zest. Bring berry mixture to a boil then reduce to a simmer.
2. Meanwhile, sift flour, baking powder, sugar, salt and allspice into a bowl. Using a pastry cutter, cut in butter until in coarse crumbs. Mix in the milk using a fork until the dough comes together. (Add milk if the dough is too dry)
3. As the blueberries simmer, drop heaping tablespoons of the dough into the berries. Cover with a lid or tinfoil and allow dumplings to cook, about 12 to 15 minutes.

4. Serve warm with vanilla ice cream.

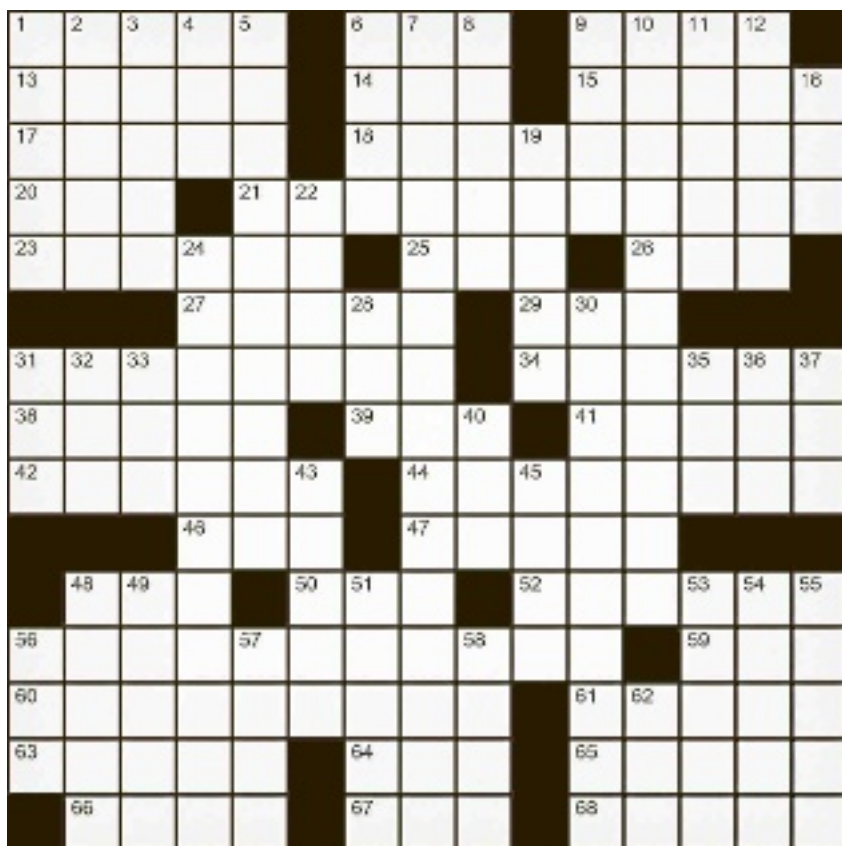
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Commemorated celebration, curtsy
6. Canadian cinematic org.
9. Finish in __ (Draw)
13. Nintendo video brother
14. Grand __ Opry
15. Actor Lorenzo
17. T.O. footballers
18. Save a particular attraction for the end of the trip: 2 wds.
20. Quebec 'Mrs.'
21. Suited to a person's preferences or strengths: 3 wds.
23. Spain: Guggenheim Museum locale
25. Complete amount, briefly
26. Previous
27. Suffix denoting 'pain'
29. Bambi's aunt
31. Judd Hirsch sitcom: 2 wds.
34. William Shatner's sci-fi novels/TV/comics/games franchise
38. Prefix to 'hydrates'
39. Fruit drink
41. Quebec 'pen'
42. Stream sorts
44. Newfoundland town north of St. John's
46. Speedwagon's lead-in
47. "Anything Could Happen" by __ Goulding
48. '___' in Niagara
50. Spy org.
52. Artificial/bogus
56. When a Cadillac, for instance, turns pink



from white, it has undergone one: 3 wds.
59. __ rally
60. Canadian supermodel who is the Brand Director at the Nomad agency: 2 wds.
61. "Why __ you ready yet?" (Get cracking!)

63. Modern English's
"___ With You"
64. __ Lingus (Ireland's flyer)
65. Gargle
66. Nice notion?
67. 2017 HS grads
68. Concluded

DOWN

1. Gentle as __
2. 'The Flying Finn', Paavo __ (b.1897 - d.1973)
3. Mr. Lythgoe
4. Whitesnake's "Here __ Again"
5. Sight gag: 2 wds.
6. De __ (Again,

in Latin)
7. Poetry collection published in 1912 of celebrated Mohawk/English performer E. Pauline Johnson (b.1861 - d.1913): 3 wds.
8. Hassle
9. Airdrie's prov.
10. Gordon Lightfoot's

"The Way I Feel" bit: "Like a __ alone and crying" (More at #30-Down)
11. "___ done!"
12. Allayed
16. Farm area
19. Small island
22. Corn dog
24. Striped twirler outside a haircut venue: 2 wds.
28. James of Smashing Pumpkins
30. Verse following the one at #10-Down... "When the birds have flown and the ___"
31. Caesar's 700
32. Hearer
33. 'Hect' add-on
35. Colo. neighbour
36. Saloon's stock, shortly
37. Seoul's locale [acronym]
40. Annex
43. __-economic status
45. Dog food brand
48. Ms. Watts
49. Bowed
51. Andes people, once
53. Overturn
54. Crowded
55. Selected
56. Nero's 201
57. Mr. Johnson
58. Smucker's containers
62. __ Tin Tin

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
You feel upbeat, confident and happy today. This is wonderful. Just be careful that you do not promise more than you can deliver.

Taurus April 21 - May 21
Without question, this is a feel-good day! Enjoy your interactions with others, especially co-workers.

Gemini May 22 - June 21
You will enjoy talking to younger people today, especially in groups. You will encourage people to think big and embrace ambitious goals.

Cancer June 22 - July 23
Conversations with parents and bosses will be uplifting today. Just make sure that you don't bite off more than you can chew.

Leo July 24 - Aug. 23
It's OK to have your head in the clouds, as long as you keep your feet on the ground. Travel plans look thrilling. Discussions about philosophy, politics and religion will be exciting and stimulating.

Virgo Aug. 24 - Sept. 23
This is a good day to discuss business matters, including those regarding shared property and debt. Do not be overly optimistic; stay in the realm of reality and common sense.

Libra Sept. 24 - Oct. 23
This is a great day to schmooze with others, because you will attract people who have a youthful, upbeat attitude. Enjoy fun discussions with everyone!

Scorpio Oct. 24 - Nov. 22
You are eager to make big plans at work. Quite possibly, these plans involve travel. Whatever the case, your interactions with co-workers will be friendly and positive.

Sagittarius Nov. 23 - Dec. 21
This is a great day for sports events, the arts and playful excursions. Fun activities with children will delight. It's also a great date day. Enjoy yourself!

Capricorn Dec. 22 - Jan. 20
Family discussions will be positive and ambitious today, because you are entertaining big plans.

Aquarius Jan. 21 - Feb. 19
Because you are in such a positive, winning state of mind, all your communications with others will be successful. This means you are good to go if you sell, market, teach, write or act.

Pisces Feb. 20 - March 20
You have ambitious moneymaking ideas today. Just make sure that your plans are doable, because it's easy to go overboard with one's expectations today. Remain realistic.

CONCEPTIS SUDOKU by Dave Green

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